



## MEN'S PROGRAM ON RE-THINKING AND RE-DOING THE SOCIALIZATION OF MEN INTO SYSTEMS/NORMS OF TOXIC MASCULINITY (BIP)

This program at IFS is 2 hours weekly and 9 months long. These sessions are offered in English and Spanish. The end goal is to begin and continue a process of Accountability.

Accountability to all those you abused and misused your power with. The completion of the program requires that the person write a letter of Accountability and commit to a set of reparations to the specific victim (if she/he/they agree to witnessing the letter).

The specifics of the program focus on:

1. Intergenerational legacies of violence and family of origin patterns of loss, hierarchies of power and privilege within the family system, and general relationship patterns with the family and friendships.
2. Parenting modules regardless of whether you are a parent or not.
3. Healthy patterns of sex and sexuality.
4. Supervised visitation if required.

- We accept private insurance for services provided.
- Our program has a sliding fee.
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- You must attend 36 sessions and complete your Accountability letter in order to complete the program. You are permitted 3 absences.

The program will communicate with the court about the number sessions you attend and the level of your participation in the program.

- The program will contact the person you abused, if the person agrees to be contacted.
  - The program will try to help them get help for themselves.
  - The program will tell them when you finish the program.
  - The program may also warn them about things you say, like threats or any violent things you say about the person you abused.
- The program will refer you to other services you need, like drug or alcohol programs, employment training, etc.

This program uses a curriculum that includes film clips, educational videos and dialogue and reflection circles to understand and change perspectives of power and control. We also use sponsors who are trained community citizens who believe in nonviolence and have demonstrated lives of nonviolence, care and love. They ally with new clients ushering them into a new of thinking and being in the world as he/she/they disengage from norms and patterns of abusive power and control.



the institute for  
family services

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The following is but one example of our programmatic inclusions:

[The Mask You Live In](#)

*The Mask You Live In* follows boys and young men as they struggle to stay true to themselves while negotiating America's narrow definition of masculinity.

Research shows that compared to girls, boys in the U.S. are more likely to be diagnosed with a behavior disorder, prescribed stimulant medications, fail out of school, binge drink, commit a violent crime, and/or take their own lives.

- See more at: <http://therepresentationproject.org/film/the-mask-you-live-in/#sthash.ndyvbMue.dpuf>