



"Thank you, Dr. Almeida (and staff), for coming into our class space and sharing the work y'all have been doing. I am so empowered and inspired by the liberation-based healing practices framework and want to learn more about how I can adopt aspects of that in my work. ... I LOVE that the healing and learning is done collectively."



DETAILS

12-month program

-FORMER STUDENT

Tuesdays 3:30 to 9:30 pm and Thursdays 4:30 to 8:00 pm

\$500/month Scholarships available

LOCATION: 3 Clyde Road Suite 101 Somerset, NJ 08873

Call 732-873-1663

to set up an interview and meet the faculty.



InstituteForFamilyServices.com

s a post-graduate intern, you will receive didactic and live supervision in the clinic, working with wide trajectories of families, including Spanish language clients, that are navigating multiple systems—educational, workplace, criminal justice and others. Involves specialized work with men, women, children of all ages, and members of the LGBTQ+ community that incorporates family systems, social justice and decoloniality methodologies taught by nationally and internationally renowned scholars and activists.

This program offers:

- Teaching strategies that include a critique of all mental health and marriage/family therapy mainstream models. Specific family therapy techniques are integrated into the Liberation-Based Healing Perspective.
- Scholarship from healing practices outside of Western knowledge integrated with community activism to promote sustainable models of individual, family and community well-being.
- Opportunities to participate in self-as-therapist exploration anchored within an intersectional lens.
- Therapeutic focus on facilitation of Liberation-Based Healing Circles that untangle multitudes of challenges that clients confront, from internal family systems to public institutional intrusions. These challenges are addressed within a collective consciousness circle, acknowledging the ways in which power, privilege and oppression determine life-affirming strategies through an integration of family systemic change strategies and collective consciousness through social activism.
- Opportunities for national conference participation to help promote professional visibility.

This training is embedded in a liberatory praxis while including systemic principles of change.